

Evaluating the reliability of computed tomography for the diagnosis of intervertebral disc extrusion in dogs

A Knowledge Summary by

Chloe Smith BVSc (Dist) PGDip VCP MRCVS^{1*}

¹ Langford Veterinary Services, Langford House, Langford, BS40 5DU, UK

* Corresponding Author (cs13407@bristol.ac.uk)

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Reviewed by: Elizabeth Baines (MA VetMB DVR DipECVDI FHEA MRCVS) and Tom Shaw (BVetMed MA MRCVS DipECVN)

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PICO question

In dogs with an acute thoracolumbar myelopathy, is non-contrast computed tomography (CT) a reliable method for the diagnosis of intervertebral disc extrusion, compared to magnetic resonance imaging (MRI)?

Clinical bottom line

Category of research question

Diagnosis

The number and type of study designs reviewed

Four papers were critically reviewed. Two were retrospective, cross-sectional studies, and two were prospective, observational cohort studies

Strength of evidence

Moderate

Outcomes reported

The current literature suggests that CT is often sufficient for the diagnosis of thoracolumbar intervertebral disc extrusion, with MRI superior to CT for lesion characterisation. Non-contrast CT is likely sufficient for the diagnosis and surgical planning for intervertebral disc disease in Dachshunds. However, MRI is recommended for diagnosis and surgical planning of thoracolumbar intervertebral disc disease in non-Dachshund breeds

Conclusion

Computed tomography is often sufficient for the diagnosis of thoracolumbar intervertebral disc extrusion. However, MRI is superior to CT for lesion characterisation and it is therefore recommended to use MRI for cases requiring surgical planning. Computed tomography is likely sufficient for the diagnosis and surgical planning of intervertebral disc disease in Dachshunds

Regard for the reason of diagnostics performed (e.g. surgical planning) and the likelihood of other differential diagnoses (e.g. spinal neoplasms) should be taken before deciding to use one imaging modality over the other. Consideration into the risks associated with anaesthetising an animal with a spinal cord lesion, the ability of the practitioner to accurately localise the myelopathy and interpret the results, should be taken before pursuing diagnostics in these cases

[How to apply this evidence in practice](#)

The application of evidence into practice should take into account multiple factors, not limited to: individual clinical expertise, patient's circumstances and owners' values, country, location or clinic where you work, the individual case in front of you, the availability of therapies and resources.

Knowledge Summaries are a resource to help reinforce or inform decision making. They do not override the responsibility or judgement of the practitioner to do what is best for the animal in their care.

Clinical Scenario

You are presented with a Dachshund, with acute onset paraplegia, that you suspect has an intervertebral disc extrusion between the T3 and L3 spinal cord segments. You are confident performing a hemilaminectomy procedure and have access to both computed tomography (CT) and magnetic resonance imaging (MRI). You therefore want to know if CT, in comparison to MRI, is a reliable modality for the diagnosis and surgical planning of thoracolumbar disc extrusions in dogs.

The evidence

Of the four papers reviewed, two were prospective and two were retrospective studies in nature. The strength of evidence for each paper is considered moderate, with the absence of a systematic review or meta-analysis for this topic.

Paper one (Cooper et al., 2014) is the only study to directly compare the sensitivity of MRI versus CT in the diagnosis of thoracolumbar intervertebral disc disease in dogs and this evidence was therefore considered stronger when reaching a clinical bottom line. However, the other three papers all provide insight into the use of both imaging modalities in the diagnosis of thoracolumbar myelopathies and provide evidence to concur with the conclusions drawn by Cooper et al. (2014).

Summary of the evidence

Cooper et al. (2014)	
Population:	Dogs with neurological signs localised to T3-S1.
Sample size:	44 dogs (35 chondrodystrophic, nine other breeds).
Intervention details:	All dogs had both a non-contrast CT and an MRI.
Study design:	Observational cohort study.
Outcome studied:	<ul style="list-style-type: none">• Sensitivity of non-contrast CT versus MRI for detecting intervertebral disc herniation.• Accuracy of non-contrast CT versus MRI for lesion localisation and lateralisation.
Main findings: (relevant to PICO question):	<ul style="list-style-type: none">• MRI was deemed to have a sensitivity of 98.5% (95% confidence interval (CI), 94.1–99.7%) for detecting intervertebral disc herniation, compared to a sensitivity of 88.6% (95% CI, 79.5–94.2%) with CT examination.• MRI was more accurate (93.2%; 95% CI, 85.6–97.1%) when compared with CT (84.1%; 95% CI, 74.4–90.7%, for locating intervertebral disc herniation.• MRI was also more accurate in differentiating disc protrusion versus extrusion (MRI: 94.4% (95% CI, 88.4–97.5%), CT: 85.7% (95% CI, 75.3–92.4%)), and lesion lateralisation (specifically lateralisation lesion in non-chondrodystrophic dogs – MRI: 95.0%, (95% CI, 73.1–99.7%), CT: 69.6%, (95% CI, 39.3–89.8%).
Limitations:	<ul style="list-style-type: none">• All measurements have not been adjusted for prevalence and therefore specificity could not be evaluated.• Surgery was used as the confirmatory technique for the characterisation of the intervertebral disc herniation, risking bias and restricting the areas that can be investigated to confirm disc herniation.

	<ul style="list-style-type: none"> No evaluation of CT positive, MRI negative disc herniations and therefore an inability to fully compare MRI to CT for lesion characterisation.
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Tamura et al. (2015)	
Population:	Dogs with thoracolumbar intradural disc herniation, confirmed at surgery.
Sample size:	Eight dogs.
Intervention details:	Three dogs had a CT myelogram and five dogs had an MRI.
Study design:	Retrospective cross-sectional study.
Outcome studied:	Presence of intradural herniation as confirmed at surgery.
Main findings: (relevant to PICO question):	<ul style="list-style-type: none"> MRI misdiagnosed all cases in the study, failing to identify any intradural herniation and instead characterising the cases as standard intervertebral disc herniation. The 'golf tee sign' and subarachnoid filling deficits were observed in 3/8 cases using CT myelography, suggesting that CT myelography may be more sensitive for detecting intradural disc herniations.
Limitations:	<ul style="list-style-type: none"> MRI and CT examinations were not performed in the same animal and so could not be directly compared. The MRI used was a low-field scanner and therefore findings may differ if a high-field scanner were used. 5/8 cases evaluated were of the same breed and therefore the results may not be representative of every breed. Both MRI and CT studies were not standardised, with different techniques and machines used (for example, not all studies included both T1-weighted and T2-weighted scans). Small case numbers. Descriptive analysis only performed.

Emery et al. (2018)	
Population:	Dogs with thoracolumbar myelopathies.
Sample size:	555 dogs: <ul style="list-style-type: none"> 450 chondrodystrophic; 105 non-chondrodystrophic 335 Dachshunds; 220 other breeds
Intervention details:	All dogs underwent CT imaging.
Study design:	Retrospective cross-sectional study.
Outcome studied:	<ul style="list-style-type: none"> The need for additional imaging (beyond thoracolumbar CT) for the diagnosis of a thoracolumbar myelopathy in dogs. Breed, age, sex, chronicity, site of lesion, time of study and contrast administration.
Main findings: (relevant to PICO question):	<ul style="list-style-type: none"> Dachshunds were the least likely breed to need additional imaging (on top of non-contrast CT imaging) with only 12/335 (3.6%) of dachshunds requiring further imaging compared to 30/220 (13.6%) of other dog breeds.

	<ul style="list-style-type: none"> No statistically significant difference was noted in the need for further imaging when comparing chondrodystrophic to non-chondrodystrophic breeds. The presence of a normal CT, or multiple intervertebral disc herniations identified on non-contrast CT (and therefore the difficulty distinguishing acute from chronic lesions) were both cited as common reasons for requiring additional imaging techniques. 42/555 (7.6%) of dogs presenting with a thoracolumbar myelopathy required further advanced imaging beyond a plain CT scan. CT scans performed with positive contrast media intravenously did not alter the need for additional imaging, compared to those where an intravenous contrast agent was not used.
Limitations:	<ul style="list-style-type: none"> The accuracy of lesion localisation and lateralisation was not assessed in this study and therefore cannot be evaluated. Retrospective study and therefore no standardisation of protocols used. Referral population with patient pre-selection of imaging modality based on signalment and history. Therefore, not a true representation of the general case population.

Noyes et al. (2017)	
Population:	Chondrodystrophic dogs with thoracolumbar intervertebral disc extrusion.
Sample size:	40 dogs.
Intervention details:	All dogs underwent CT and MRI.
Study design:	Prospective observational study.
Outcome studied:	<ul style="list-style-type: none"> Influence of pre-operative planning considerations for hemilaminectomies based on CT versus MRI. Factors studied include; location, lateralisation and extent.
Main findings: (relevant to PICO question):	<ul style="list-style-type: none"> Large range in inter-observer agreement for both imaging modalities (43.5–66.6%) when assessing the site, side and size of laminectomy approach. All observers planned a larger laminectomy defect based on MRI compared to CT imaging. All lesions were identified in cases when using MRI, however lesions were not identified in four of these cases when assessing CT images alone.
Limitations:	<ul style="list-style-type: none"> Confirmation of imaging findings was not evaluated (e.g. surgical visualisation of disc herniation). No statistics therefore performed to directly compare the reliability of CT and MRI in detecting lesion localisation.

Appraisal, application and reflection

The literature search performed found four papers which addressed, or partially addressed the PICO.

MRI was found to have an increased sensitivity for the detection of intervertebral disc disease in dogs, compared to non-contrast CT (Cooper et al., 2014; and Noyes et al., 2017). However low-field MRI misdiagnosed all cases of thoracolumbar intradural disc herniation when compared with CT myelography in dogs (Tamura et al., 2015).

Non-contrast CT appears to be a sufficient imaging modality for intervertebral disc disease and surgical planning in the majority of Dachshunds (96.4%; 323/335) (Emery et al., 2018).

Regard for the reason for diagnostics performed (e.g. surgical planning) and the likelihood of other differential diagnoses (e.g. spinal neoplasms) should be taken before deciding to use one imaging modality over the other. Cost, procedure time, and need for a general anaesthetic are also factors that should be considered when assessing between MRI and CT examinations.

Methodology Section

Search Strategy	
Databases searched and dates covered:	CAB Abstracts (on Ovid SP): 1973–December 2020 Medline (on Ovid SP): 1946–December 2020 Web of Science: 1900–2020
Search terms:	CAB Abstracts and Medline: <ol style="list-style-type: none">1. Dog* OR bitch* OR canin* OR canid* OR dogs/2. intervertebral disc* OR IVD OR IVDD OR disc* OR disk* OR Hansen OR intervertebral disc disease/3. thoracolumbar OR T3L3 OR T3-L3 OR thoraco*4. CT OR computed tomography5. MRI OR magnetic resonance6. 1 AND 2 AND 3 AND 4 AND 5 Web of Science: Cited reference search using Noyes et al. (2017)
Dates searches performed:	08 Dec 2020

Exclusion / Inclusion Criteria	
Exclusion:	<ul style="list-style-type: none">• Lack of relevance to the PICO question• Lack of online full text availability• Full text not available in the English language• Single case reports• Clinical research presentations
Inclusion:	<ul style="list-style-type: none">• Articles published between 1973–2020• Assessing dogs presenting with clinical signs attributable to intervertebral disc disease, in which CT and MRI modalities are compared

Search Outcome				
Database	Number of results	Excluded – Not relevant to the PICO	Excluded – Not available for review/not available for review in the English language	Total relevant papers
CAB Abstracts	26	22	0	4
Medline	18	14	0	4
Web of Science	30	25	4	1
Total relevant papers when duplicates removed				4

CONFLICT OF INTEREST

The author declares no conflict of interest.

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